



Psalm 103

The Thankful Heart

Pastor David Culver

*"Praise God
from Whom All Blessings Flow"*

David erupts with **praise**,
overwhelmed by God's grace and mercy.

- 1-5: He exhorts _____ to praise God.
- 6-19: He exhorts _____ to praise God.
- 20-22: He exhorts _____ to praise God.

- **God** _____, 4b

- **God** _____, 5

Be thankful and a blessing to God:

- **Personally**, "...O my soul."
- **Whole-heartedly**, "All that is within me."
- **Reverently**, "bless His holy name."
- **Thoughtfully**, "And forget not all His benefits."

Takeaways:

- Is **your life** a blessing to God? How?
- Remember God's benefits and **be thankful**. Why?

Five specific blessings for which to be thankful:

- **God** _____, 3a
- **God** _____, 3b
- **God** _____, 4a